

The Flu And You

by Geri Rodda; Jim Rodda

Flu or Cold? Know the Differences - WebMD 3 days ago . Kennedy says definitely stay home with the flu, but it s not always necessary when you have a cold. Flu & You - Centers for Disease Control and Prevention ?Oct 28, 2013 . While fatigue is also a symptom of the cold virus, it s more severe with the flu. If you notice sudden, extreme weakness and tiredness that The Flu and You - Martin s Point Health Care The Flu and You at the Lutheran Health Network Get the facts about the flu and the importance of vaccination. The Flu and You San Diego County News Center You swear it s a cold, your friend thinks it s the flu, and the dozens of meds at the pharmacy that promise to make you feel human again claim to target both. Pandemic Flu and You - State of Michigan You can pass the flu to others from 1 day before you have symptoms up to 5-7 days after you get sick. Some people might be able to infect others even longer. by Geri Rodda, R.N.Illustrated by Jim Rodda Influenza arrives each Fall, with plans to spread its germs to all!Follow Influenza as she goes to school, home, and

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Flu and You Seasonal Influenza (Flu) CDC As cold and flu season wears on, it s pretty likely you or someone in your family have played host to one of the unpleasant respiratory viruses making the rounds. 10 Flu Myths - Harvard Health With 43 states reporting widespread flu activity, it s likely that someone you know has been infected. Flu season is at its peak in January, and getting vaccinated Home Dialysis Central Dialysis, the Flu, and You With flu symptoms, you will probably have a fever initially with the flu virus and you will feel miserable. Body and muscle aches are also more common with the INFLUENZA (FLU) Flu and You - Centers for Disease Control and . Flu and you. Flu (influenza) is a contagious (catching) illness of the nose, throat and lungs caused by flu viruses. Most people recover from flu after a few days ?The Difference Between Cold and Flu Prevention Sep 16, 2015 . Everything you need to know about the flu illness, including symptoms, treatment and prevention. Flu Facts - KidsHealth The Flu and You Passage & Question Set.

http://www.readworks.org/sites/default/files/passages/480_the_flu_and_you_0.pdf. Login Required · Print Download Are Your Experiencing Early Flu Symptoms? - Healthline Jan 12, 2015 . According to the Pennsylvania Department of Health, up to 20 percent of Pennsylvanians come down with the flu every year and 120 to 2,000 Updated March 11, 2015. Record Flu Deaths Reported in San Diego. Four more influenza deaths were reported in San Diego County last week, bringing the Fire The Flu and You - City of Phoenix Flu and you Public Health How does the flu spread? People who have the flu can spread the virus by coughing or sneezing. Droplets released when a sick person coughs, sneezes, or The flu and you: Tips from Lehigh Valley Health Network expert . If you (or your child) are in one of the groups above and develop flu-like symptoms, consult a health care provider to get advice about seeking medical care. Flu + You Healthy Aging NCOA Mar 3, 2015 . Remember, while cold and flu medications may relieve the symptoms, you are still capable of passing on the infection and should avoid contact Influenza (Flu) Fact Sheet - New York State Department of Health 7 Apps That Help You Fight the Flu Everyday Health The good news is that the circulating strains are well matched to the strains in the 2012-2103 flu vaccine, so if you got this year s flu immunization you should be . Do you have a cold or flu? besthealthmag.ca The flu.and you. If you ve ever had the flu, you know how sick you can be. Chances are good that some of the advice friends and family gave you about avoiding or dealing with Department of Health The flu and you brochure Each winter a different type of influenza virus causes an outbreak of flu which affects many people. This is called seasonal flu. If you get a flu-like illness during If you re very sick or you have other medical conditions, you might need treatment with . Pandemic Flu. & You. It was the autumn of 1918 in Michigan. Newspapers reported on the sacrifices American soldiers were making "over there." While troops. Flu. What is Flu and What are Flu Symptoms? Influenza Patient Fighting a bug is never fun, but how can you get better if you don t know what you re dealing with? Here s how to tell if you re coping with a cold or fighting a flu. Pumpkin Hill Productions - The Flu and You The only way to tell for sure that you have the flu is to get a nose or throat swab test. The rapid flu test can give results in as few as 30 minutes. 2 While most 12 Cold & Flu Myths - Parents.com If you get the flu, you ll have lots of company. Each year from October to May, millions of people all across the United States come down with the flu. Kids get the Flu Symptoms - When Influenza Symptoms Need Medical Help The Flu and You. Publication Date: 11-09-2015. The Centers for Disease Control and Prevention (CDC) recommends a yearly flu vaccine as the first and most The Flu and You ReadWorks.org Common Core Reading Dent Assist. 2006 Mar-Apr;75(2):4-9; quiz 10-1. The flu and you. Andrews N(1). Author information: (1)na@rossandrews.com. Seasonal influenza is primarily an Is It The Cold Or The Flu, And Should You Go To Work? « CBS St . No one wants to be sidelined by the flu. Learn how you can use technology to help you stay healthy.